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Institute of Arthritis & Sports Medicine

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Dr. Elizabeth Yetley
Office of Special Nutritionals, HFS 450
Food and Drug Administration
200 C Street, S.W.
Washington, DC 20204

August 12, 1996

Dear Dr. Yetley:

Arthro-Aid™ is a new dietary supplement developed by the Institute of Arthritis and Sports Medicine (IASM). We anticipate this healthy food product will be available in October, 1996. As required by law 403(r)(6), please find enclosed the copies of the nutritional support statement on the labels for your reviewing and approval. Please contact us if you have any questions. Thank you very much.

Sincerely yours,



Xiao Ming Tian/M.D.
Director of IASM
Clinical Consultant to
National Institutes of Health

975-0162

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11/23/96

LABEL ON THE BOX

Confidential.

Please do not make copies without permission.

August 12, 1996

ARTHRO-AID™

for
Strengthening
Bones, Joints & Muscles

Advanced Dietary Supplement

100 Capsules

ARTHRO-AID™* is a unique blend of top quality herbs including ginseng and other herbs used in China for centuries to slow the natural aging processes.

This natural dietary supplement is made from purified extracts of Chinese herbs extensively studied by physicians, pharmacists and scientists in the U.S. and China. Clinical results have shown that **ARTHRO-AID™** is beneficial for strengthening and nourishing bones, joints and muscles. It enhances overall mobility, reduces fatigue, increases energy, and improves general health and the quality of life.

Improvements may occur within 1 to 3 weeks.

ARTHRO-AID™ is highly recommended by physicians for both men & women.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Ingredients: Each 500 mg capsule contains: *Ginseng, Astragalus, Lycium, Angelica, Paeoniae, Eucommia*

ARTHRO-AID™ contains none of the following: sugar, preservatives, artificial colors or flavors, animal products, milk or milk derivatives.

This new dietary supplement is sponsored and distributed by the Institute of Arthritis & Sports Medicine.

Directions for Use:

For adults only: 5 capsules, twice a day, after meals.

If you are pregnant or nursing a baby, please consult with your health care practitioner before using it.

For best results, please write to:
The Institute of Arthritis & Sports
Medicine, P.O. Box 1268, Bethesda,
Maryland 20827, USA

*Store in a cool dry place. Do not use if seal is broken. Keep out of reach of children.
Exp. date: Jan 1, 2000. (Lot: 96001)*

ARTHRO-AID™

Breakthrough Formula

Natural ★ Effective ★ Safe

Label on the bottle

August 12, 1996

ARTHRO-AID™ is beneficial for strengthening and nourishing bones, joints and muscles shown by clinical results. It enhances overall mobility and energy, reduces fatigue, and also improves general health and the quality of life. **ARTHRO-AID™** is made from the extracts of Chinese ginseng and other herbs extensively studied by physicians, pharmacists and scientists. *Improvements may occur within one to three weeks.*

ARTHRO-AID™ has been highly recommended by physicians.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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